



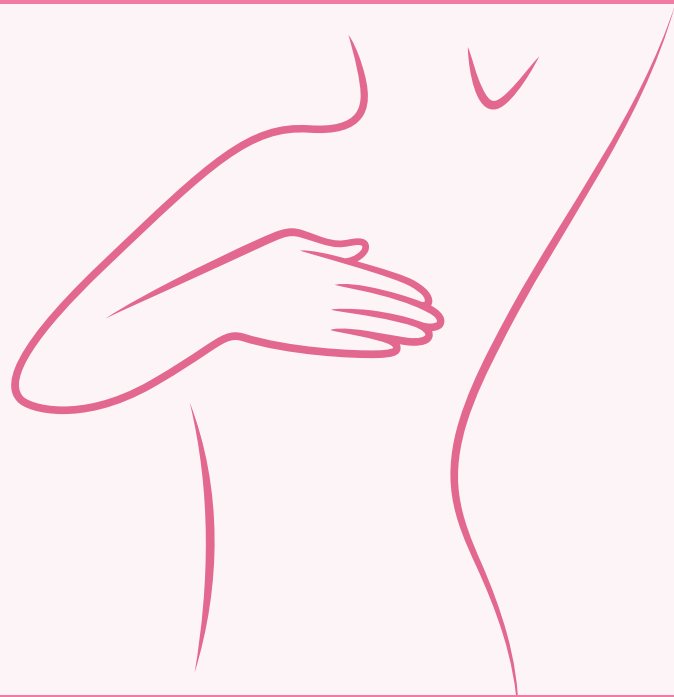
# Childhood Tumour Trust

breast cancer awareness

## NF1 AND BREAST CANCER THE FACTS

### INCREASED RISK

People with NF1 are at an increased risk of developing breast cancer, with those under the age of 50 having an up to 5-fold increased risk.



### SELF-CHECK

Knowing how to check your breasts, and the changes to look for, can mean spotting breast cancer early. Get to know what is normal for you.

### EARLY DETECTION

Spotting breast cancer early can mean improved outcomes.



### EARLY BREAST SCREENING

In the UK and Ireland, the NHS recommends that women with NF1 attend earlier breast cancer screening from the age of 40 years. This is younger than general population screening recommendations of 50-70.

### SCREENING OPTIONS

Due to the presence of neurofibromas, it can sometimes be more difficult to detect breast cancer in those with NF1 using digital mammography. Additional screening procedures, such as ultrasound and magnetic resonance imaging (MRI), can be useful.

