



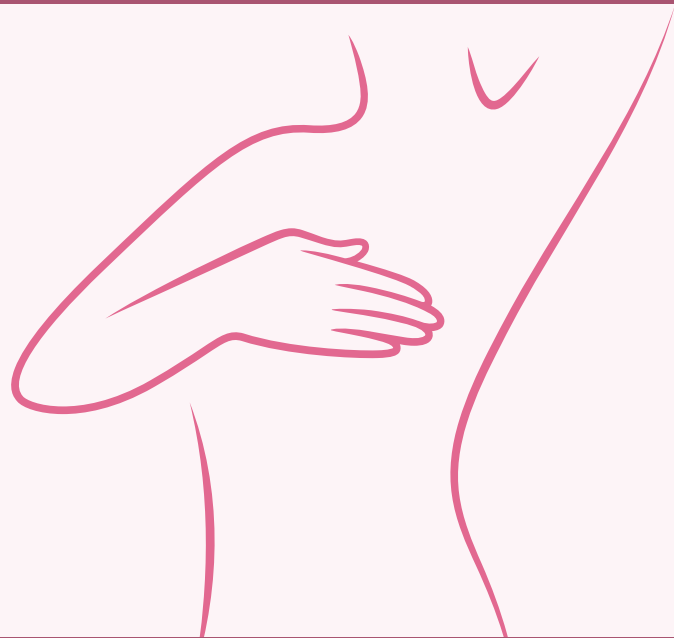
Childhood Tumour Trust

breast cancer awareness

NF1 AND BREAST CANCER THE FACTS

INCREASED RISK

People with NF1 are at an increased risk of developing breast cancer, with those under the age of 50 having an up to 5-fold increased risk.



SELF-CHECK

Knowing how to check your breasts, and the changes to look for, can mean spotting breast cancer early. Get to know what is *normal* for you.

EARLY DETECTION

Spotting breast cancer early can mean improved outcomes.



EARLY BREAST SCREENING

While EU guidelines recommend starting breast screening for women with NF1 at age 30, the NHS currently advises beginning screening at age 40. This is younger than population screening of 50-70. We advise individuals to consult with their healthcare providers for personalised guidance.

SCREENING OPTIONS

Due to the presence of neurofibromas, it can sometimes be more difficult to detect breast cancer in those with NF1 using digital mammography. Additional screening procedures, such as ultrasound and magnetic resonance imaging (MRI), can be useful.

